

The  
Leader's  
Journey

*A GUIDE  
TO DISCOVERING  
THE LEADER WITHIN*

**Dr. Artika R. Tyner**

# A BOOK DISCUSSION GUIDE

for *The Leader's Journey: A Guide to Discovering the Leader Within*  
by Dr. Artika R. Tyner

## PRAISE FOR THE BOOK

In this spirit awakening text, Dr. Tyner deftly accomplishes the sometimes elusive task of enabling the reader to look within so that their external existence becomes a testament to the fact that they once walked the earth.

**-Dr. Vanjelis Ngwa**  
CEO, Collisa Group

We live in an 'Influencer Economy,' yet there is a dearth of guidance for the highest and best uses for our influence. As Dr. Tyner appropriately states, "The exercise of leadership is a commitment to leverage your influence to create change and empower others to lead in the process of change." *The Leader's Journey* provides concrete tools to not only apply our leverage for justice, but the restorative value of the quotes Dr. Tyner curates enables us to carry forward the work of those on whose shoulders we now stand.

**-Michelle Y. Talbert, Esq.**  
Host, *Her Power Hustle Podcast*

*The Leader's Journey* is an excellent compendium of wisdom on the art of being a real leader and change agent. Dr. Artika R. Tyner infuses each page with insights that make the reader reflect deeply and which inspire you to transition to the next level in becoming the great leader you were born to be. I highly recommend this book to anyone serious about accelerating your success as a leader.

**-Yemi Akinsiwaju (The Leadership Catalyst)**  
Author CEO, DaySpringConsulting UK Trustee, International Third World Leaders Association



# DISCUSSION QUESTIONS



★ How do you define leadership? Choose three words that describe leadership. Dr. Tyner's three words are:

- **Vision.** "Whatever our dreams, ideas, or projects, we plant a seed, nurture it, and then reap the fruits of our labor." Oprah Winfrey
- **Justice.** "The way to right wrongs is to turn the light of truth upon them." Ida B. Wells
- **Service.** "If you get, give. If you learn, teach." Dr. Maya Angelou

★ According to Dr. Tyner, your leadership style is as unique as your DNA. What are key leadership characteristics within your Leadership DNA?

★ Dr. Tyner shares: "A leader is a planter—a planter of ideas, seeds of change, and a vision for justice." How can you apply the principles of "Planting People Growing Justice" in your daily life?

★ Effective leaders inspire and attract others who share a similar vision and seek to align their visions together to unveil future possibilities. How are you building strategic partnerships and effective coalitions?

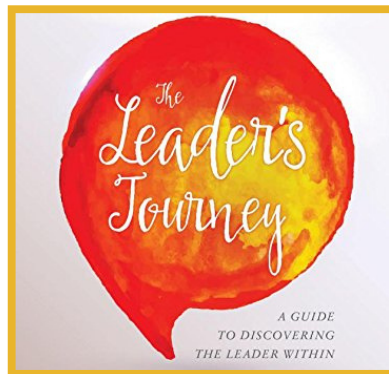
★ Leaders plant seeds in the lives of others. They recognize that when you plant a seed today in the life of someone you reap a harvest for eternity since the fruit of your leadership is your legacy. How are you serving as a mentor and sage?

★ Reflection will aid you in taking informed actions, understanding diverse perspectives, and being intentional. How can you incorporate the power of reflection into your leadership development?

★ The book is filled with quotes to inspire. What is your favorite leadership quote? Why?

**Leadership Challenge:** Post your favorite leadership quotes as a daily reminder of your progress on your leadership journey

## ABOUT THE BOOK



In *The Leader's Journey*, Dr. Artika R. Tyner provides those who are passionate about leading social change with the tools to develop their leadership skills, create a vision, empower people, add value, and build a long-term agenda.

She offers an in-depth look into her personal leadership journey, which is influenced by a desire to use the law as a vehicle for advancing justice and equity and her commitment to advance leadership education.

## ABOUT THE AUTHOR



Dr. Artika R. Tyner is a passionate educator, lawyer, author, sought after speaker, and advocate for justice. She is committed to training students to serve as social justice engineers who create new inroads to justice and freedom. In recognition of her leadership and service, she is the recipient of more than two dozen awards that include: Women in Business, American Small Business Champion, International Educator Citizen, and American Bar Association Difference Makers.

She has been featured in a variety of media outlets. She is a prolific, award-winning author of adult and children's books that includes: *Amazing Africa: A to Z* and *The Lawyer as Leader: How to Plant People and Grow Justice*. She serves as a global citizen by supporting education, entrepreneurship, and women's leadership initiatives in Africa. Dr. Tyner is the founder of Planting People Growing Justice, a nonprofit organization committed to promoting literacy and diversity in books.